

You are not alone. WE can help.

Grief after loss of a loved one through substance use whether from accidental overdose, suicide, or murder is a unique and lonely grief. Our society treats this loss differently from other deaths and there is often judgement and blame from those around us.

Because of this we sometimes carry that guilt and shame and find that there is nowhere to put it. Grief support groups generally do not address the myriad of emotions connected to this special loss and so we are left feeling more isolated and lonelier.

Our Hope After Loss Group is a place where everyone understands. There is no judgement or blame, but rather support and understanding. Join us as we work together on this journey of healing.



Mission Statement:

TriCircle, Inc. is an organization that provides resources for individuals and their families affected by substance use disorders. Through education, research, and community engagement we are dedicated to providing the tools that build strong futures.

Vision Statement:

TriCircle, Inc. envisions that all people seeking recovery be given inspiration, skills, and opportunities within a safe, stigma free community, which supports substance free long-term wellness.

Company Description:

Through participation in our programs, TriCircle, Inc. will help individuals, groups and families remain actively engaged and gain a sense of purpose. Along with the advantage of lived experience, our clients will have access to the education, community engagement, and life skills that create a solid framework for recovery. Participants will be offered healthy lifestyle alternatives, within a safe environment, and once graduated, will have many opportunities and all the resources needed to inspire others who are affected by the disease of addiction.

Ways you can help.

www.tricircleinc.com/help



We Provide the Tools to Build Strong Futures

860-349-7074 | 6 Way Road, Middlefield, CT 06455



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Hope After Loss Groups



**Together WE are
Stronger!**



www.tricircleinc.com



- Education
- Resources
- Community Engagement

WE

inspire hope and support people in finding their own personal solace.

We are committed to supporting all who are traveling this road of grief, no matter how rocky.

We believe that with every crisis comes opportunity and the ability to be whole again.

We know there are multiple pathways to healing everyone has their own journey.

We understand that a person needs the time to learn and implement the tools necessary to build a strong future.



We are bringing together all of these means of healing to empower Connecticut with the new resources and connections needed for support and hope after loss.

HOPE AFTER LOSS GROUPS

DETAILS:

- **Free membership**
- **All meetings have two facilitators, a licensed professional, and a para-professional with lived experience.**
- **Event information, educational resources, Q&A, and speakers.**
- **National Support from CT Team Sharing**

TIME & LOCATION:

MIDDLEFIELD

On Site & Virtual

1st & 3rd Monday of Every Month

7:00 PM - 8:30 PM

Middlefield Federated Church

402 Main Street

Middlefield, CT 06455

BERLIN

Virtual

2nd & Last Monday of Every Month

7:00 PM - 8:30 PM

contact: christine@tricircleinc.com



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