

- **Paint:** Brush on textile paint or color-fast dye, or use an indelible ink pen. Please don't use "puffy" paint; it's too sticky.
- **Stencils:** Trace your design onto the fabric with a pencil, lift the stencil, then use a brush to apply textile paint or indelible markers.
- **Collage:** Make sure that whatever materials you add to the square won't tear the fabric (avoid glass and sequins for this reason), and be sure to avoid very bulky objects.
- **Photos:** The best way to include photos or letters is to print them electronically onto iron-on transfers, iron them on 100% cotton fabric and sew that fabric to the square. You can do this by bringing a thumb drive with the photo you would like printed or emailing the photo to yourself. You can then access your email from the computer at the event and print out the photo.

4. Write us a letter

Please take the time to write a letter about the person you are remembering. The letter might include your relationship to him or her, how he or she would like to be remembered, and a favorite memory. If possible, please send us a photograph along with the letter for our archives.

5. Fill out the *Square Maker Information Form*

This provides us with vital information about you and your square.

6. Send us the square

Once your square is completed, there are several ways to submit it to become a part of the next Remembrance Quilt:

- Attend one of the quilting events that are held across the state.
- Mail your square to the Connecticut Clearinghouse.

TriCircle, Inc.

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- Bring the square to your local Regional Behavioral Health Action Organization (RBHAO).

Important: No matter how you decide to turn in a new square, please be sure to complete the *Square Maker Information Form* and include it with the square.

How your square becomes part of the Remembrance Quilts

When 36 squares are collected, they are sewn together to form a six-foot square. This is the basic building block of a Remembrance Quilt, and it is usually referred to as either a "6-by-6" or "Block."

Questions?

Email TriCircle, Inc. at info@TricircleInc.com

or call TriCircle, Inc. at (203) 631-1743.