



## Gratitude is an action word.

We thank you for your commitment to our cause. Your kindness and generosity will make a profound difference in the lives of individuals and their families affected by substance use disorder, making it possible for them to live successfully in long term recovery.

Together we are fulfilling the vision and mission of TriCircle, Inc. With your ongoing support, we look forward to a bright future filled with hope.

~ Ana M. Gopoiian

Founder, Executive Director

*Everything that is done in the world is done by hope.*

~ Martin Luther ~

[www.tricircleinc.com](http://www.tricircleinc.com)



*We Provide the Tools to Build Strong Futures*

TriCircle, Inc. is a Connecticut 501(c)(3) non-profit organization founded to break the cycle of relapse and recidivism that exists in the current system of addiction recovery. **We are committed to creating real, long term solutions.**

### Ways To Help:

[www.tricircleinc.com/help](http://www.tricircleinc.com/help)

ebay FOR CHARITY 

PayPal Giving Fund

amazon smile

### Connect With Us:

[www.tricircleinc.com](http://www.tricircleinc.com)

[info@tricircleinc.com](mailto:info@tricircleinc.com)

Phone: 203-631-1743

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# TriCircle, Inc. has launched the 3-phase process in Connecticut that will support its mission, and fulfill its vision.

## TriCircle, Inc. Phase 1

### Community Resource Center and Outpatient Program, plus individual, group and family options.

- Cognitive Behavioral Therapy
- Motivational Interviewing
- Hypnotherapy
- Hope & Support Groups
- Bereavement Groups
- Trauma Groups
- Vision Board & Art Workshops
- Game Nights
- Movie Nights
- Community Support Resources
- Trainings
- Speakers

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### We Provide the Tools to Build Strong Futures

- Multiple Pathways of Recovery
- Community Relationships
- Life Skills Training
- Financial Tools
- Vocational Opportunities
- Alumni Opportunities
- Peer Support

## TriCircle, Inc. Phase 2

### Gender-specific housing with professional 24/7 on-site supervision.

- Family Style Meals
- Shared House Responsibilities
- Life Skill Training
- House Meetings
- Transportation
- Day Trips
- Community Outreach

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TriCircle, Inc. is a Connecticut-501(c)(3) non-profit organization founded to break the cycle of recidivism that exists in the current system of addiction recovery. We will provide individualized, evidenced-based, comprehensive, holistic, gender-specific and coed therapies for individuals facing substance use and co-occurring disorders. These services will be offered and encouraged for families to participate in also.

## TriCircle, Inc. Phase 3

### Solution-focused recovery where young adults, ages 18-29, participate in a 15-month program consisting of three 5-month cycles.

**We are committed** to creating a new recovery model of care for substance use disorders and the possible co-occurring mental health disorders.

**We believe** treatment should include a safe environment, with long term attention for success.

**We want to inspire** hope, create possibilities, and support people in finding their purpose.

**We know** there are multiple pathways to recovery; everyone has different needs.

**We understand** that a person needs the time to learn and implement the tools necessary to build a strong future.

**We are bringing together** all of these resources so Connecticut will have a new program for people in recovery to thrive in life.